

CURRICULUM VITAE

Yuhui Chen

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EDUCATION

- 2024 – 2028 **The University of Manchester, Manchester, UK**
Ph.D. Psychology
President's Doctoral Scholarship
Thesis Title: Extrinsic Interpersonal Emotion Regulation in People with Depression (supervisors: Dr. Belén López-Pérez; Prof. Rebecca Elliott)
- 2021-2024 **The University of Manchester, Manchester, UK**
B.Sc Psychology (Hons)
Grade: 3.92/4.0, Rank: 2/502
Thesis Title: Mapping Interpersonal Affect Worsening in Everyday Life (supervisor: Dr. Belén López-Pérez)

AWARD AND FELLOWSHIP

- 2026 Amplifying Diversity Trainee Award, Society for Affective Science
- 2025 – 2026 President's Doctoral Travel Grant, University of Manchester
Amount: £1,500
- 2025 Turing Scheme Research Exchange Grant, UK Government
Amount: £1,400
- 2024 – 2028 President Doctoral Scholarship, University of Manchester
Amount: Full tuition fee covered + £20,237 each year
- 2024 Student of the Year Award, University of Manchester
- 2023 The Student Experience Internship Scholarship, University of Manchester
Amount: £3,000
- 2019 The Hong Kong Jockey Club Scholarship for Academic Excellence and Social Contribution
Amount: \$52,000

PUBLICATIONS

- **Chen, Y.**, Zuffianò, A., Manfredi, L., Gregori, F., Elliott, R., & López-Pérez, B. (2025). Daily-life benefits of extrinsic interpersonal emotion regulation: An ecological momentary assessment study of depression and healthy controls. *Translational Issues in Psychological Science*. <https://doi.org/10.1037/tps0000483>
- Polias, S., Zuffianò, A., Chen, Y., Manfredi, L., Gregori, F., Bourke, L., & López-Pérez, B. (2025). I want you to feel bad: Understanding the role of anger in extrinsic interpersonal affect worsening with ecological momentary assessment. *Emotion*, 25(2), 320–329. <https://doi.org/10.1037/emo0001470>

- López-Pérez, B., **Chen, Y.**, Li, X., Cheng, S., & Razavi, P. (2025). Exploring the Potential of Large Language Models to Understand Interpersonal Emotion Regulation Strategies From Narratives. *Emotion (Washington, D.C.)*, 25(7), 1653–1667. <https://doi.org/10.1037/emo0001528>
- López-Pérez, B., Kwon, K., & **Chen, Y.** (2025). Distraction over reappraisal strategies in interpersonal emotion regulation: associations with emotional difficulties. *Cognition and Emotion*, 1–15. <https://doi.org/10.1080/02699931.2025.2507692>
- Hood, A. M., Chaman, A., **Chen, Y.**, & Mufti, S. (2024). Psychological challenges and quality of life in Pakistani parents of children living with thalassemia. *Journal of Pediatric Nursing*, 76, 132–139. <https://doi.org/10.1016/j.pedn.2024.02.015>
- **Chen, Y.**, Hood, A. M., Kölbel, M., Stotesbury, H., Kawadler, J., Slee, A., Inusa, B., Pelidis, M., Howard, J., Chakravorty, S., Height, S., Awogbade, M., Kirkham F. J., & Liossi C. Pain Burden Predicts Executive Function in Paediatric Patients with Sickle Cell Disease. *HemaSphere* 7(S1): p 11, April 2023. DOI: 10.1097/01.HS9.0000928208.78994.35

PRESENTATIONS

- **Chen Y.**, Huang, Y., López-Pérez B. (2026). Cruel to be kind? Emotional antecedents of altruistic affect worsening in everyday life. Presented at the Society for Affective Science, 2026, Pittsburgh, USA
- **Chen Y.**, Walker, S., López-Pérez B. (2026). A Digital Shoulder to Cry On: Understanding Why Large Language Models Can Be Effective in Extrinsic Interpersonal Emotion Regulation. Presented at the Society for Affective Science, 2026, Pittsburgh, USA
- **Chen Y.**, López-Pérez B. (2025). Daily-Life Benefits of Interpersonal Affect Improvement: An Ecological Momentary Assessment Study of Depression and Healthy Controls. Presented at the 2025 *10th Conference of the Consortium of European Research on Emotion*. Grenoble, France
- **Chen Y.**, López-Pérez B. (2024). Exploring the Temporal Dynamics of Motives and Strategies in Daily Interpersonal Affect Worsening. Presented at the 2024 *Conference of the International Society for Research on Emotion*. Belfast, Northern Ireland.
- **Chen Y.**, López-Pérez B, Cheng, S., & Ajay A. (2023). Evaluating the correspondence between qualitative and quantitative measures to assess interpersonal emotion regulation strategies. Presented at the *British Psychology Society 2023 Social Psychology Annual Conference*. Scotland, UK.
- **Chen, Y.**, & Hood, A.M. (2023). Parent-reported Pain Intensity Predicts Cognitive Flexibility in Paediatric Patients with Sickle Cell Disease. Presented at the *European Paediatric Psychology Conference 2023*. University of Stirling, Scotland, UK.
- López-Pérez B & **Chen, Y.** (2023). Understanding the Link between Motives and Strategies in Altruistic and Counter-hedonic Interpersonal Affect Worsening. Presented at *Society for Affective Science*, New Orleans, Louisiana, USA
- **Chen, Y.**, & Hood, A. M. (2022). Pain burden Predicts Executive Function in Paediatric Patients with Sickle Cell Disease. Presented at the *17th Annual Scientific Conference on Sickle Cell and Thalassemia*. London, United Kingdom.

MANUSCRIPTS IN PREPARATION AND UNDER REVIEW

- **Chen, Y.,** López-Pérez, B., & Walker, S. A. (2025). A Digital Shoulder to Cry On: Understanding Why Large Language Models Can Be Effective in Extrinsic Interpersonal Emotion Regulation. Under Review.
- **Chen, Y.,** Nagington, M., & Muir, J. Challenges and Evolution of Male and Transgender Sex Work in the Digital Era. (Under review by the second author)

RESEARCH EXPERIENCE

Jul. 2025 – Sept. 2025	Research Assistant, University of Manchester Supervisor: Dr. Michael Magcamit, Division of Psychology and Mental Health Conducted a systematic literature review on emotion regulation and cognitive reappraisal in support of ERC and Leverhulme Trust grant applications (80-hour commissioned post, £1,800).
Mar. 2025 – Jun. 2025	Research Exchange, Sapienza University of Rome, Italy Supervisor: Professor Antonio Zuffiano Investigated prosocial behaviours and informant discrepancy methodologies; funded by the UK Government Turing Scheme (£1,400).
Mar. 31 – Apr. 3, 2025	EADP Writing Week 2025, Porto, Portugal Collaborator: Professor Katja Upadyaya, University of Helsinki Competitively selected by the European Association of Developmental Psychology; developing an ongoing collaborative manuscript.
Jan. 2023 – Present	Socioeconomic Status (SES) and Depression <u>Project 1: Developmental Pathways in Socioeconomic Status (SES) and Depression</u> Project Lead • Conceptualise and critically assess developmental origins of social skill deficits in low SES environments by systematically reviewing over 100 relevant articles. • Examined how early life SES shapes brain development, physiological markers, and depression risk • Analyzed developmental trajectories of social functioning across socioeconomic contexts • Independently drafted the manuscript. Refined and adapted based on Dr. Hao's guidance and feedback. <u>Project 2: Systematic Review of Brain Structure and Function underlying Depression and SES</u> • Conducted an extensive literature review of over 200 articles on structural and functional MRI in relation to SES and depression. • Synthesized research findings and created detailed tables that effectively captured key insights.
Nov. 2022 – Present	Development of Interpersonal Emotion Regulation and Emotional Intervention PhD Student Supervisor: Dr. Belén López-Pérez Interpersonal Emotion Regulation Lab, Manchester Centre for Health Psychology <u>Project 1: Development of Interpersonal Emotion Regulation Across Cultures</u> • Conducted thematic analyses on 2500+ qualitative responses, identified significant between-group differences using Latent Profile Analysis on MPlus • Examined age-related differences in emotion regulation strategies. Investigated developmental patterns of interpersonal emotion regulation using longitudinal data • Analyzed how emotion regulation capabilities evolve across different cultural contexts as age increases <u>Project 2: Changing Others' Emotions using EMAs Assessments</u>

- Led the recruitment process, successfully enlisting and supervising 400 individuals for an intensive week-long study utilizing Ecological Momentary Assessments.
- Utilised Python and Two-Level Dynamic Structural Equation Models to analyse longitudinal data.

Project 3: Evaluating Language Models in Detecting Emotion Regulation Strategies

- Independently designed a comprehensive methodology for training Language Models. Detailed guidelines included in papers' appendix.
- Employed Python scripts for Cohen's Kappas analysis.
- Designed a descriptive flow chart within the manuscript.

May 2022 – Present

Pain and Developmental Outcomes in Pediatric Sickle Cell Disease (SCD)

Research Assistant

Supervisor: Dr. Anna M. Hood

MAGNET Lab, University of Manchester

Project 1: Index of Pain Experience in Sickle Cell Anaemia: Feasibility of an mHealth App

Collaboration: Prof. Christina Liossi, University of Southampton

- Analyzed data from a randomised-controlled clinical trial on 61 patients with SCD using R and SPSS.
- Authored the first draft of the manuscript and designed a pain heatmap using Photoshop.
- Incorporated feedback from peer reviews to refine and enhance the manuscript.

Project 2: The Interaction between Pain and Executive Function in Paediatric Patients with SCD

- Investigated developmental trajectories of executive function in pediatric SCD patients
- Analyzed caregiver reports to understand how chronic pain impacts cognitive development
- Studied family dynamics and caregiver-child relationships in managing developmental challenges

TEACHING EXPERIENCE

Feb. 2026 – Present

B.Sc. Psychology, University of Manchester, UK

- **PSYC21032 Interventions to Improve Mental Health – Teaching Assistant (Year 2)**
Facilitated weekly workshops supporting students in applying psychological intervention principles to real-world clinical scenarios.
- **PSYC24442 Psychological Research Skills IV – Teaching Assistant and Marker (Year 2)**
Supported students in scale development and psychometric research methods; assessed and provided written feedback on student assignments.
- **PSYC33022 Psychology in the Real World – Seminar Lead (Year 3)**
Led seminars for final-year undergraduates, fostering critical engagement with applied psychological topics and facilitating evidence-based discussions.

VOLUNTEER

June. 2022 – Present

Under-represented Student Perspective Panel

- Leveraged my personal perspective as an Asian female student to shed light on potential biases and challenges faced, offering tangible solutions.
- Spearheaded discussions and initiatives focused on improving the representation and inclusivity of diverse voices in academic, social, and policy-making platforms.

SKILLS

- Statistics Analyses: MPlus (Latent Profile Analysis and Dynamic Structural Equation Model), SPSS, Excel

- Programming: R, Python
- Languages: Fluent in English and Mandarin; Familiar with Cantonese.

References available upon request

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